

### Desensitization with Allergen Specific Dilutions

Desensitization is accomplished by sublingual administration of homeopathic antigens. Not only is desensitization achieved but, in addition, there is the homeopathic principle of "Like Cures Like" - resulting in better control of symptoms.

### ALLERGENA FAQ

#### How does Allergena work?

Allergena reduces your body's negative reaction to cedar, oak, ragweed and other allergens in your geographic zone. Allergena homeopathic allergy drops desensitize your immune response to seasonal allergens. Desensitization is a sublingual immunotherapy recognized by the World Health organization as a treatment alternative for airborne allergies.

#### How long before Allergena begins "working"?

Some users experience relief during the first two weeks of use. Others realize a reduction of symptoms over six to eight weeks.

### How long should I continue to take Allergena?

Frequent administration of Allergena is important to build immune tolerance. Severe and long term allergy sufferers should begin taking Allergena four to eight weeks before the allergy season at a recommended dosage of 15 drops under the tongue 3 times daily. Two weeks after the season has ended, reduce intake to 15 drops under the tongue 1 time daily.

#### Are there any side effects?

There are no known side effects. For extreme sufferers, heightened allergic reaction may occur following administration of Allergena. Do not be alarmed at this response. If you experience a headache after taking Allergena decrease dose to a tolerable level. Then increase dose slowly over a period of two weeks. Please note Allergena contains alcohol.

#### What does "Geographically Zoned" mean?

Allergena trees, weeds and grasses are available for 9 different geographic "zones". Each zone refers to a geographic region of the United States that share common allergens.

### Can I take Allergena with other allergy medications?

Yes. There are no known adverse drug interactions.

#### What is desensitization with allergen specific dilutions?

Desensitization is a sublingual immunotherapy recognized by the World Health Organization as a treatment alternative for airborne allergies. Relief of symptoms is accomplished by frequent administration of antigenic extracts from the specific trees, weeds and grasses located in each of 9 geographic zones. These allergen specific dilutions are homeopathically prepared in accordance with the principal of "Like Cure Like". Drainage remedies such as Hydrastis, Baptisia, Phytolacca, Nasturtium, Trigonella, Commiphora and Echinacea are included to remove antigen residue and enhance the homeopathic effect.



## Sample List of Desensitized Allergens

### Trees

ACACIA (Acacia spp.)  
DATE (Phoenix dactylifera)  
CHINESE ELM (Ulmus pumila)  
WHITE POPLAR (Populus alba)  
BLACK WILLOW (Salix nigra)  
ARIZONA ASH (Fraxinus velutina)  
OREGON ASH (Fraxinus oregona)  
CALIFORNIA LIVE OAK (Quercus agrifolia)  
CALIFORNIA SCRUB OAK (Quercus dumosa)  
FREMONT POPLAR (Populus fremontii)  
EUCALYPTUS (spp.)  
CALIFORNIA BLACK WALNUT (Juglan. californica)  
QUAKING ASPEN (Populus tremuloides)  
BLACK COTTONWOOD (Populus trichocarpa)  
RED MULBERRY (Morus rubra)  
WHITE MULBERRY (Morus alba)  
OLIVE (Olea europaea)  
PONDEROSA PINE (Pinus ponderosa)  
WESTERN JUNIPER (Juniperus occidentalis)  
ENGLISH WALNUT (Juglans regia)

### Weeds

NETTLE (Urtica spp.)  
RAGWEEDS (several)  
TUMBLEWEED (Salsola kalli tenuifolia)  
SAGEBRUSH (Artemisia tridentata)  
SAGES (several)  
SHEEP SORREL (Rumex acetosella)

### Grasses

CHEAT GRASS (Bromus secalinus)  
SWEET VERNAL GRASS (Anthoxanthum odoratum)  
KENTUCKY BLUEGRASS (Poa pratensis)  
JUNE GRASS (Poa pratensis)  
CULTIVATED OATS (Avena sativa)  
ORCHARD GRASS (Dactylis glomerata)  
SALT GRASS (Distichlis spicata)  
SUDAN GRASS (Sorghum vulgar. var. sudanesis)  
SORGHUM (Sorghum vulgar.)  
PERENNIAL RYE GRASS (Lolium perenne)  
BERMUDA GRASS (Cynodon dactylon)  
WESTERN WHEAT GRASS (Agropyron smlthii)  
CORN (Zea mays)  
CULTIVATED WHEAT (Triticum aestivum)  
ITALIAN RYE GRASS (Lolium multiflorum)

## ABOUT HEAVENLY HERBS & ACUPUNCTURE

SHERYL SANCHEZ, L.Ac., owner of HEAVENLY HERBS & ACUPUNCTURE, has obtained clinical training and credentials in TCM, Nutrition, Western Medicine, and Homotoxicology through:

- Master's Degree in Oriental Medicine, International Institute of Chinese Medicine, Santa Fe, NM., 2000.
- California State Licensed Acupuncturist, since 2001. (Scope of Practice gives Primary Physician status - ability to Prescribe Herbal Medications, order Lab Tests, bill insurance.)
- Diplomate in Acupuncture, National Certification Commission of Acupuncture and Oriental Medicine (NCCAOM), since 2000.
- Diplomate in Chinese Herbology, NCCAOM, since 2000.
- Homotoxicology Certification, Westbrook University, a Naturopathic college, 2005.
- Herb/Drug Interaction training, John Chen and Bob Flaws, two respected TCM scholars; since 2000.
- Certified Gluten Practitioner since 2010.
- Continued Education: training in an Advanced Western Medicine program, Integrated Internal Medicine, Functional Medicine and Integrative Oncology.

A typical initial visit at the HEAVENLY HERBS & ACUPUNCTURE clinic is usually 2 hours. Since it is a holistic or natural medicine "Doctor's appointment", this initial visit encompasses getting familiar with all the details of your life and past health which influence your present condition, along with a reviewing a complete health history questionnaire. Treatment alternatives and a treatment plan will be discussed. Typical follow-up visits are an hour.

Based on "You alone can help yourself Heal", SHERYL's personal philosophy on obtaining better health includes the patient actively participating in his/her overall health plan, as she facilitates and aids patients to make responsible, healthy decisions.

## ALLERGENA ALLERGY RELIEF DROPS for Trees, Weeds and Grasses

Finally, an allergy treatment alternative to injectable immunotherapy is now available.



Each substance is a homeopathic combination formulated to desensitize the body's response to allergenic or antigenic substances.

Available at

HEAVENLY HERBS &  
ACUPUNCTURE  
SHERYL SANCHEZ, L.Ac.

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